



Buddha Therapies



Organ Cleanse Detox

"In Chinese Medicine it is believed that there are 2 kinds of disease: Energy Depletion and Toxic Overload"



Health experts recommend using a nutritional body cleanse three or four times a year. We are constantly exposed to toxins, some from our own body and some from external factors including pollution, medicines, chemicals, Food plus much more. Toxins if not excreted can reabsorb and if the elementary functions are not working properly, can cause bad bacteria, contribute to a lowered immune system and can have an effect on skin, hormones and may lead to weight gain. 80% of the immune system is located in the digestive tract and the 100 trillion bugs that live in the gut are involved in so many aspects of our physiology that also affects the brains function, helping neurotransmitters like serotonin "the happy hormone"

This 100% Organic cleansing programme consists of x2 Amno Fu and Cupping Therapy treatments, x1 60 minute treatment before you start your cleanse and x1 to finish, 10 days worth of herbal capsules to aid Liver, Kidney, Colon, Circulation and digestive functions. During your detox, Liquid Chlorophyll derived from natural plant sources aides the body to flush out its systems especially the fibre for the colon, strengthening the blood and after your cleanse, the probiotics ensure you replenish your intestinal tract with a variety of beneficial flora, strengthening immune functions.

Cleansing Programme price: £99

Cupping Therapy and Amno Fu:

Amno Fu is a deep organ massage used with muscle testing for the organs, "Amno" means therapeutic or pressing massage and "Fu" means organ. A Colon detox will help restore your energy and control your weight. When the Colon does not eliminate waste properly, we get a toxic build up and the reabsorption of toxins back into the blood stream, creating many symptoms including Migraines, Bloating,

Headaches, Constipation, Diarrhoea, Fatigue, Low Immune, Back Ache, Bad Breath, Acne plus more. Cupping Therapy is also aimed to alleviate toxins from the body and also aims to restore balance to the organs, by placing the cup over a targeted point for an organ or congested muscle, drawing out toxins to help move fluid and create flow.



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