

Buddha Therapies



Holistic Health Spa and Clinic

www.buddhatherapies.com www.buddhatherapiesnutrition.co.uk

Mum to be

Yummy Mummy: Holistic express OPI colour Manicure and Pedicure

RRP £40.00 now **£35.00** 75 mins

Blossom: Aromatherapy Face/Scalp/Neck Drainage plus Reflexology

RRP £48.00 now **£40.00** 75 mins

Beautiful Bump: Holistic Organic Facial, Aromatherapy Foot/Hand

Massage RRP £53.00 now **£45.00** 75 mins

Mums ready: OPI Gel fingers and toes, semi permanent lashes plus eye brow wax and tint

RRP £79.00 now **£65.00** 120 mins

Benefits of Pregnancy treatments include:

Tranquil relaxation and reduced stress, Relief from muscle cramps, spasms, and pain, for lower back, neck, hips, and legs and joints, reduce swelling, Improves outcome of labour and reduces labour pains, Helps skin to stay more supple and improves elasticity of stretch marks, Provides support for the new mother with physical and emotional strains of mothering, can help improve digestive function plus much more.

Buddha Therapies, only use and sell NATURAL and ORGANIC products for the Face and Body that are 100% certified and vegan friendly. Green People products are packed with over 90% active natural and organic ingredients to protect, nourish, balance and, most importantly, respect your body.

Green People products never contain aggressive ingredients or synthetic chemicals such as sodium lauryl sulphate (SLS), parabens, phthalates, petrochemicals, alcohol (ethanol), synthetic fragrances or colourants, making it suitable for eczema or psoriasis sufferers and safe for all the family of all ages.



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